



Acro & Tumbling County Competition 2020

To be held: **Sunday 3rd April 2022, 9am Start**. There will be a minimum of 2 sessions.
Rushcliffe Gymnastics Centre, Boundary Road, West Bridgford, Nottingham. NG2 7BW

Fee's

Entry fee's are set at £15 per gymnast per event

Spectator fee's are £2/£1 on the day

Entry deadline Thursday 10th March 2022.

Payment should be made to NCGA account within 48 hours of entry being submitted.

HSBC – 40 35 18 – 81551914 – Please email screenshot of payment to permit entry

General Rules

All gymnasts, coach's and officials must hold the appropriate level of BG Membership. All coach's, judges and officials must also hold appropriate qualifications, current DBS & Safeguarding. Level 1 coach's will be permitted on the competition floor, as long as a more senior coach is in attendance.

Clubs must provide minimum 2 judges per discipline entered, ie Acro & Tumbling.

Clubs must provide minimum of 2 Volunteers to help at the event – see entry form

Judge or Volunteer non-attendance fee is £75.

All rules are as per BG Handbooks 2022 except:

Age rules will not apply. Min age 6 in year.

We will include Pre NDP Acro. All other Acro Grades as per NDP.

We will include a 'General Individual Set Floor Routine' section for Gymnasts. You may enter this section as well as Acro and or Tumbling.

All Tumble Grades are as per NDP. No Range and Conditioning.

Music and Tariff Sheets should be submitted on the day. *Music should be on either cd or on a phone/device with bluetooth and the club will be responsible for playing this (you are welcome to bring your own music player).

Withdrawals made within 1 week of the event will not be refunded in most circumstances*

Start list and running order will be available min 1 week before the event.

In case of a tie, BG Rules will apply.

We will award a Trophy for the highest Acro (not Pre NDP) & Tumbling Scores of the day.

Clubs are responsible for providing their own first aid provision.

Leotards and 'Matching' Shorts are permitted for Acro. All other attire regulations as per BG Handbooks.

Appeals to a score, of your own gymnast(s), can be made to the competition organiser along with a fee of £25 cash.

No café facilities are available to us on site. Please advise parents to bring their own food etc.

Judges Lunch will be provided.

For any further information, please contact Susie Bennett at le.acro@hotmail.co.uk